

WHS Tennis Equipment Recommendations

Below are some general equipment recommendations for beginning to intermediate tennis players. Please approach Coach Ackert with any additional questions on buying new equipment for tennis. These items are by no means required.

❖ Tennis Racquets

Below are a few options for players looking to improve the quality of their tennis racquet without overspending. The Babolat Evoke is the minimum spend to get a quality racket, while the Graphene Instinct is also a great option for both improving and advanced players.

There may also be opportunities for players to purchase quality, used racquets at a reduced cost. Please see Coach Ackert if this is of interest.

Babolat Evoke 105 - \$65

https://www.amazon.com/Babolat-Strung-Tennis-Racquet-Orange/dp/B08Y7FM15L/ref=sr_1_38?crd=101HFUEK3Q1WZ&keywords=babolat%2Bracket&qid=1642693442&sprefix=babolat%2Bracke%2Caps%2C96&sr=8-38&th=1

Head Graphene Instinct - \$99

https://www.amazon.com/Head-Graphene-Instinct-Tennis-Racquet/dp/B00ON0PFO4/ref=sr_1_14?crd=2CQK624PVXW8B&keywords=head%2Bradical%2Btennis&qid=1642693374&sprefix=head%2Bradical%2Btennis%2Caps%2C95&sr=8-14&th=1

❖ Tennis Court Shoes

'Tennis' shoes are specifically designed for use on the tennis court. Whereas the running shoe places emphasis on cushioning, tennis shoes **focus on lateral support and stability**. While cushioning is important to the tennis player, it is less important than lateral stability and a low-to-the-ground feel.

Specific shoes are difficult to recommend due to everyone's varying size and fit preferences, but these are two trusted sites to purchase from.

Tennis Warehouse

https://www.tennis-warehouse.com/Tennis_Shoes.html

Tennis Express

<https://www.tennisexpress.com/tennis-shoes>